



# **Your Greatness is Growing- Nurturing the Heart of Autism**

*Catherine Stafford*

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"Your Greatness is Growing- Nurturing the Heart of Autism" is a celebration of a child throughout a typical day. This fun and rhyming book, beautifully illustrated (almost entirely) by children on the spectrum, provides both reflections of successes that can be internalized by any child and the positive and relational language that creates these successes. It magnifies, for child and adult alike, all the ways that a child can experience success throughout the day, simply by what adults choose to pay attention to, honor and name in the child. Parents and teachers will instantly recognize that the author included in the day's events those areas that are often the most challenging points of the day for children on the spectrum and demonstrates how these moments can be nurtured into contextual moments of social learning and success(greatness). Success is irrefutable and unavoidable, as adults simply reflect the truth of each new moment. "Your Greatness is Growing- Nurturing the Heart of Autism" is a snapshot of a day through the lens of Howard Glasser's Nurtured Heart Approach™. This profoundly positive, relationship based philosophy, developed by Glasser in the late 1990s, is based on the energetic truth that we increase that which we attend to. We can grow the very behaviors/values/skills/competencies that we desire by tuning in to all efforts in the right direction and holding them up as success. Children feel seen and appreciated, as skills, values and emotions are named and honored, all in the context of positive relationships with significant adults. Nurtured Heart Approach™ goes above and beyond praise by speaking directly to the heart, through the specificity and energy that is directed at what is going right. Greatness is internalized. The Nurtured Heart Approach™ is the perfect foundation to creating a culture of positivity and success in any family or classroom. "Your Greatness is Growing- Nurturing the Heart of Autism" is a must for every adult who wants to bring out the greatness in a child and for every child who wants to begin to feel the greatness that is already within.

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A lot of people always spent their very own free time to vacation or even go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity honestly, that is look different you can read any book. It is really fun for you personally. If you enjoy the book that you read you can spent the entire day to reading a guide. The book Your Greatness is Growing- Nurturing the Heart of Autism it is extremely good to read. There are a lot of those who recommended this book. They were enjoying reading this book. If you did not have enough space to create this book you can buy the e-book. You can m00re easily to read this book from a smart phone. The price is not to cover but this book provides high quality.

#### **Antonio Sisson:**

Why? Because this Your Greatness is Growing- Nurturing the Heart of Autism is an unordinary book that the inside of the publication waiting for you to snap it but latter it will surprise you with the secret this inside. Reading this book alongside it was fantastic author who also write the book in such incredible way makes the content on the inside easier to understand, entertaining way but still convey the meaning totally. So , it is

good for you because of not hesitating having this any more or you going to regret it. This amazing book will give you a lot of advantages than the other book get such as help improving your skill and your critical thinking approach. So , still want to hold up having that book? If I ended up you I will go to the publication store hurriedly.

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