



# The View From Who I Was

*Heather Sappenfield*

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On a cold Colorado night, Oona Antunes leaves Crystal High's Winter Formal, walks deep into the woods, and lies down in the snow to die.

She awakens in the hospital, suffering the effects of frostbite and hypothermia. But her physical injuries aren't nearly as painful as the wound she can't name, the one she feels cutting deep into the core of who she is.

While recovering from her suicide attempt, Oona discovers that the roots of her problems go beyond herself. To fully understand what happened that night in the woods, she must confront not only her own pain but the hidden past that's suffocating someone she loves.

*The View from Who I Was* is a story of the damage that can be passed down through the generations, and the healing that can arise from tragedy.

### Praise:

"Beautifully written." *KIRKUS REVIEWS*

"This debut novel packs a wallop punch...Raw but with insight and tenderness, this story deftly explores life's varied riches that come from the connections we build with others."

*BOOKLIST*



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### **From reader reviews:**

#### **Steven Bemis:**

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#### **Joan Burton:**

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#### **Keith Cochran:**

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their down time with their family, or their own friends. Usually they undertaking activity like watching television, likely to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Could be reading a book may be option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try out look for book, may be the e-book untitled The View From Who I Was can be good book to read. May be it can be best activity to you.

#### **Mitchell Smith:**

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