



# Pure Soapmaking: How to Create Nourishing, Natural Skin Care Soaps

*Anne-Marie Faiola*

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# Pure Soapmaking: How to Create Nourishing, Natural Skin Care Soaps

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## **Pure Soapmaking: How to Create Nourishing, Natural Skin Care Soaps** Anne-Marie Faiola

The pure luxury of soaps made with coconut butter, almond oil, aloe vera, oatmeal, and green tea is one of life's little pleasures. And with the help of author Anne-Marie Faiola, it's easy to make luscious, all-natural soaps right in your own kitchen. This collection of 32 recipes ranges from simple castile bars to intricate swirls, embeds, and marbled and layered looks. Begin with a combination of skin-nourishing oils and then add blueberry puree, dandelion-infused water, almond milk, coffee grounds, mango and avocado butters, black tea, or other delicious ingredients — and then scent your soap with pure essential oils. Step-by-step photography guides you through every stage of cold-process soapmaking.

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