

# The South West Coast Path: From Minehead to South Haven Point (UK Long-Distance Trails)

Paddy Dillon



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The South West Coast Path National Trail (SWCP) measures a staggering 630 miles (1015km) from Minehead on the Somerset coast right round Devon and Cornwall to Poole in Dorset. The guidebook divides the route into 45 stages of between 12.5- 37.5km beginning and ending where amenities are available. No other stretch of coastline compares for scenic splendour, historical sites and availability of refreshments, accommodation and public transport, making it easy to split the South West Coast Path into week or weekend-long sections.

Written by prolific outdoor writer Paddy Dillon, this guidebook is packed with lots of information for planning your walk, including clear step-by-step route descriptions and OS map extracts, public transport links, accommodation and facilities along the way. Also described is the 17-mile South Dorset Ridgeway, from West Bexington to Osmington Mills, which can be used as a scenic way to shave 42 miles off the total distance.

This epic route takes in Exmoor National Park, five Areas of Outstanding National Beauty and the Jurassic Coast World Heritage Site, besides various nature reserves and SSSIs.



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