



## **The Belly Fat Cure Sugar & Carb Counter: Discover which foods will melt up to 9 lbs. this week**

*Jorge Cruise*

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# The Belly Fat Cure Sugar & Carb Counter: Discover which foods will melt up to 9 lbs. this week

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Based on the revolutionary *New York Times* bestseller that is changing the way America eats, this is the only supermarket guide that exposes the true cause of belly fat and disease: hidden sugar!

Transforming your health, energy, and waistline is as easy as 1, 2, 3:

1. Unlock the secret to fat loss that food conglomerates don't want you to know.
2. Follow the one simple menu that tells you exactly what to eat to melt up to 9 pounds this week.
3. Discover thousands of "Belly Good" items that make shedding pounds each week a snap.

With a bonus dining-out section featuring menu items from some of your favorite restaurants, this comprehensive guide will help you look and feel your best in no time at all!

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The actual book The Belly Fat Cure Sugar & Carb Counter: Discover which foods will melt up to 9 lbs. this week has a lot of information on it. So when you check out this book you can get a lot of help. The book was authored by the very famous author. The author makes some research ahead of write this book. This kind of book very easy to read you will get the point easily after reading this article book.

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