



Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim Maclaine

Melinda L. Lake

Download now

Read Online ➔

[Click here](#) if your download doesn't start automatically

Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine

Melinda L. Lake

Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine Melinda L. Lake

PSYCHOLOGY InterACT Treatment Manual & Participant Workbook for Addictive Disorders based on the self-help theory of Jim MacLaine. Melinda L. Lake This treatment manual has been developed for health professionals working with people suffering from addictive disorders to develop a self-help recovery process. It includes practical session guides and worksheets for participants. It follows the therapy methods of author psychologist Melinda L. Lake, in which participants undertake all 15 sessions in sequence, ideally over a five day period. The modules are best undertaken in a small group setting of 8 to 12, however are easily adapted for use in private practice. People suffering directly from addiction may also find this manual helpful. The InterACT Programme is a treatment protocol specifically targeting the addicted brain. It links the psycho-education of current neuroscience with cognitive therapy and the therapeutic principles of Acceptance Commitment Therapy. It is an inter-personal (group based) treatment method which lays the foundation for a solid self-help recovery process, and it moves participants through Prochaska & DiClemente's (1982) stages of change from a contemplative state to the maintenance stage. It aims to break the pathological attachment to the intoxicated state and the various defensive processes that protect that attachment. The approach is based on the Interact Therapy Program devised by Psychologist Jim MacLaine in the 1980's. A programme that successfully treated thousands of patients with addictions and emotional disturbances for several decades in Australian accredited private hospitals. For more information on this treatment approach or implementing the programme at your facility please contact the author at www.re-psycle.com.au

 [Download Interact Treatment Manual & Participant Workbook: Based ...pdf](#)

 [Read Online Interact Treatment Manual & Participant Workbook: Bas ...pdf](#)

Download and Read Free Online Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine Melinda L. Lake

Download and Read Free Online Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine Melinda L. Lake

From reader reviews:

Mary Rohan:

Hey guys, do you want to find a new book to learn? Maybe the book with the headline Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine suitable to you? Often the book was written by well-known writer in this era. Often the book entitled Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine is one of several books that will everyone read now. This kind of book was inspired many men and women in the world. When you read this book you will enter the new dimension that you ever know just before. The author explained their idea in the simple way, so all of people can easily be aware of the core of this publication. This book will give you a great deal of information about this world now. To help you to see the represented of the world in this particular book.

Amy Davis:

The reserve entitled Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine is the book that recommended to you to learn. You can see the quality of the e-book content that will be shown to anyone. The language that author use to explained their way of doing something is easily to understand. The copy writer was did a lot of analysis when write the book, and so the information that they share to you is absolutely accurate. You also will get the e-book of Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine from the publisher to make you more enjoy free time.

Clara Demoss:

Reading a book to become new life style in this 12 months; every people loves to learn a book. When you learn a book you can get a large amount of benefit. When you read guides, you can improve your knowledge, mainly because book has a lot of information in it. The information that you will get depend on what types of book that you have read. If you need to get information about your research, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, such as novel, comics, as well as soon. The Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine provide you with a new experience in examining a book.

Donald Sigman:

Within this era which is the greater person or who has ability in doing something more are more precious than other. Do you want to become one among it? It is just simple approach to have that. What you should do is just spending your time almost no but quite enough to experience a look at some books. One of many books in the top list in your reading list is definitely Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine. This book that is qualified as The Hungry Inclines can get you closer in becoming precious person. By looking up and review this book you can get many advantages.

**Download and Read Online Interact Treatment Manual &
Participant Workbook: Based on the Self Help Theory of Jim
Maclaine Melinda L. Lake #WFOP9L1BQ5G**

Read Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake for online ebook

Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake books to read online.

Online Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake ebook PDF download

Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake Doc

Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake Mobipocket

Interact Treatment Manual & Participant Workbook: Based on the Self Help Theory of Jim MacLaine by Melinda L. Lake EPub