



A Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes, 4th Edition

David Wise, Rodney Anderson

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This groundbreaking book describes the Stanford Protocol for pelvic pain in men and women, a new and revolutionary treatment developed at Stanford University. The 4th edition enlarges the scope of the book to specifically address the Stanford Protocol for women's pelvic pain and includes a large illustrated section on the method of pelvic floor trigger point release. It also includes details of Paradoxical Relaxation for conditions of pelvic pain that affect women.



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