



To Love Is to Be Happy With

Barry Neil Kaufman

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Do you want to be happier?

Are you afraid of being hurt in relationships?

Are you aware of fearing sickness, of wanting to be healthy?

Are you desperate for more money?

Do you say yes to sex when you mean no -- or the reverse?

If you answered yes to any of the above, it's time to consider your options. The Option Process, based on the premise that to love is to be happy with, is an extraordinary new way to discard self-defeating beliefs, to clarify doubts that have for years inhibited your personal and professional success. It is an intimate, dynamic way to release your own inner energies -- including psychic strengths -- that can guide you to a richer, more successful, guilt-free, and happier life.

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