



Cosmética natural.200 trucos y recetas caseras para estar más guapa (200 Tips, Techniques, and Recipes for Natural Beauty) (Spanish Edition)

Shannon Buck

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Las mejores técnicas, consejos y recetas para elaborar productos de cosmética natural de manera fácil y divertida.

¿Cuántas veces hemos comprado un producto cosmético que no nos ha dado los resultados esperados?

Ahora existe una alternativa más respetuosa con el medio ambiente y con tu piel: elaborar tus propios productos de belleza, adaptados a las necesidades específicas de tu cuerpo y preparados solo con ingredientes orgánicos y asequibles.

En este libro repleto de fotografías paso a paso, instrucciones fáciles de seguir y trucos de experto encontrarás:

- Las herramientas clave para seleccionar, almacenar y emplear ingredientes naturales que harán maravillas en tu cuerpo.
- Consejos y trucos para el cuidado óptimo de cada tipo de pelo y de piel. ¿Ojeras? ¿Piel con tendencia al acné? ¿Pelo seco y estropeado? Encuentra la receta perfecta para ti.
- Más de 100 increíbles y originales recetas para hacer en casa, desde acondicionadores para el cabello y bálsamos labiales hasta exfoliantes, perfumes y aceites aromáticos.
- Ideas para regalos ecológicos y empaquetados creativos.

Cosmética natural contiene toda la inspiración y la información necesarias para comenzar a crear productos de belleza naturales en tu propia cocina.

English Description

Many of today's beauty products contain harmful chemicals and other additives that most of us don't even know about - and if we did, we wouldn't use them--no more. With 200 Tips, Techniques, and Recipes for Natural Beauty you'll learn all that you need to know to make your own organic beauty products. Create delightful lotions and potions in your own kitchen, using all-natural, holistic ingredients like herbs and flowers. Discover conditioning carrier oils, sumptuous butters, and aromatic floral extracts that will nourish you head to toe. Also, use some of the recipes for your overall health, including curative herbal extracts and therapeutically effective essential oils. With step-by-step photographs, clear instructions, and expert tips, each recipe is easy to follow. Give them as gifts or keep them for yourself. Regardless, you'll never want to buy beauty products from the drug store again!

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Chris Boos:

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Kathleen Carroll:

The book untitled *Cosmética natural.200 trucos y recetas caseras para estar más guapa* (200 Tips, Techniques, and Recipes for Natural Beauty) (Spanish Edition) contain a lot of information on it. The writer explains her idea with easy way. The language is very clear and understandable all the people, so do not necessarily worry, you can easy to read the item. The book was compiled by famous author. The author brings you in the new age of literary works. It is possible to read this book because you can read on your smart phone, or program, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site and also order it. Have a nice study.

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