

# **Achieve Lasting Happiness: Timeless Secrets to Transform Your Life**

Jr. Robert E. Canright



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## **Achieve Lasting Happiness: Timeless Secrets to Transform Your Life**

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Achieve Lasting Happiness: Timeless Secrets to Transform Your Life Jr. Robert E. Canright Everyone wants a happy life. We sometimes assume possessions, power, prestige, or excitement will make us happy. All these pursuits eventually leave people feeling unfulfilled. Achieve Lasting Happiness, shows the secret to happiness lies within our humanity. We can realize the full potential of our humanity through the power of self-transformation. This book explains a four-step process for a fulfilling life. The four-step process is applied in a 28-day guided study using the timeless lessons of Confucius. This book will empower you to change your life. It will put you on the path to lasting happiness.



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