

# Vegan on the Cheap

Robin Robertson



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You don't have to blow your budget to eat great meatless and dairy-free meals every day.

With *Vegan on the Cheap*, you can enjoy delicious vegan meals every day of the week. Veteran food writer and vegan authority Robin Robertson provides 150 mouth-watering, exciting recipes that cost just 50 cents to \$2 per serving-hefty savings to go with hearty vegan meals.

This book presents great options for savory soups and stews, satisfying salads, hearty noodle dishes, first-class casseroles, favorites for the slow cooker, and meatless and dairy-free recipes for classics like pizza, burgers, and sandwiches. Plus, there's even a chapter for desserts to satisfy every sweet tooth. Throughout the book, smart tips and creative ideas help you save money by cooking in bulk, prepping meals in advance, and finding tasty ways to reuse leftovers.

Includes 150 money-saving recipes for delicious vegan meals like Walnut-Dusted Fettuccine with Caramelized Vegetables and Fresh Pear Galette

Written by renowned vegan and vegetarian expert and food writer Robin Robertson, author of 1,000 Vegan Recipes Features cost-per-serving icons that highlight the cost of each affordable dish

Packed with affordable recipes and money-saving tips, this is the ultimate resource for every vegan kitchen.



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Reading can called head hangout, why? Because if you are reading a book mainly book entitled Vegan on the Cheap your head will drift away trough every dimension, wandering in most aspect that maybe mysterious for but surely will end up your mind friends. Imaging every single word written in a guide then become one form conclusion and explanation this maybe you never get ahead of. The Vegan on the Cheap giving you yet another experience more than blown away your mind but also giving you useful data for your better life in this era. So now let us present to you the relaxing pattern this is your body and mind is going to be pleased when you are finished reading it, like winning a game. Do you want to try this extraordinary investing spare time activity?

#### **James Johnson:**

In this time globalization it is important to someone to find information. The information will make professionals understand the condition of the world. The fitness of the world makes the information better to share. You can find a lot of referrals to get information example: internet, magazine, book, and soon. You will observe that now, a lot of publisher this print many kinds of book. Typically the book that recommended to your account is Vegan on the Cheap this book consist a lot of the information on the condition of this world now. This book was represented so why is the world has grown up. The words styles that writer require to explain it is easy to understand. Typically the writer made some research when he makes this book. This is why this book acceptable all of you.

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