



## The Complete Handbook of Coaching

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# The Complete Handbook of Coaching

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This comprehensive guide to coaching explores a full variety of coaching theories, approaches, and settings, and offers strategies for the reader to identify and develop a personal style of coaching. Written by leading international authors, each chapter makes explicit links between theory and practice and generic questions will facilitate further reflection on the topic. There are also suggestions for reading and short case studies.

This is the first book to explore the differences between the theoretical perspectives of coaching and the links between these perspectives in relation to contexts, genres, and media of coaching.

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