



# **Paleo Bread: Gluten-Free, Grain-Free, Paleo-Friendly Bread Recipes**

*Rockridge Press*

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# Paleo Bread: Gluten-Free, Grain-Free, Paleo-Friendly Bread Recipes

Rockridge Press

**Paleo Bread: Gluten-Free, Grain-Free, Paleo-Friendly Bread Recipes** Rockridge Press  
**From the Publisher of *New York Times* Bestsellers Paleo Slow Cooker and Paleo for Every Day**

Take control of your health with the Paleo diet and still enjoy great Paleo bread and baked treats. Although many people fall off the Paleo diet because they miss bread, *Paleo Bread* will help you make the transition without having to give up bread.

With *Paleo Bread* as your guide, create gorgeous baked products and loaves of Paleo bread:

- 75 simple Paleo bread recipes, for breakfasts, desserts and dinners.
- Everyday recipes for all your favorites, including fluffy Country-Style White Bread, savory Grandma's Zucchini Bread, and melt-in-your-mouth Old-Fashioned Cinnamon Rolls
- 10 Tips for Paleo Baking to make you an expert at baking Paleo bread at home
- Information on how to use the top alternative ingredients for Paleo bread, including almond flour, coconut oil and flaxseed meal
- Lessons on the science and health benefits of baking Paleo bread

*Paleo Bread* will show you how to eat healthy while still enjoying your favorite baked goods, making it easy to stick to the Paleo diet permanently.

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