



Spiritual Guidance Across Religions: A Sourcebook for Spiritual Directors and Other Professionals Providing Counsel to People of Differing Faith Traditions

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The groundbreaking professional resource for providing spiritual guidance to people from faith traditions other than your own.

This comprehensive resource offers valuable information for providing spiritual guidance to people from a wide variety of faith traditions. Covering the world's faith traditions as well as interfaith, blended and independent approaches to spirituality, each chapter is written by a spiritual guidance professional from that tradition or who works extensively with people from that tradition. Each chapter provides:

- An overview of the tradition, including basic beliefs
- Methods for spiritual guidance honored in that tradition
- Common spiritual problems encountered by people of that tradition
- Tips, techniques and practices
- Helpful resources for further learning

CONTRIBUTORS:

Dan Mendelson Aviv, PhD • Måns Broo, PhD • Rev. Cathleen Cox, MAT, MDiv • Ervad Soli P. Dastur • Karen L. Erlichman, MSS, LCSW • Jonathan Figdor, MDiv • Rev. John A. Jillions, PhD • Siri Kirpal Kaur Khalsa • Rev. Daijaku Judith Kinst, PhD • Ozgur Koca • Bruce Lescher, PhD • Rev. Ann Llewellyn Evans • Rev. Dr. Jim Lockard • Rev. John R. Mabry, PhD • Fr. Scott McCarthy, DMin • Moojan Momen, MB, BChir • Wendi Momen, PhD • Richard K. Payne, PhD • Susan S. Phillips, PhD • James Michael Reeder, LCPC, CPRP • Robert A. Rees, PhD • Bharat S. Shah, MD • He Feng Dao Shi • Joshua Snyder • Rev. N. Graham Standish, PhD, MSW • Chief Luisah Teish • Christopher Titmuss

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