



Mock Meat: 50 Vegan Meat Substitute Recipes to Soothe the Carnivores Within & Around You - Mock Chicken, Mock Beef, Mock Pork, Mock Fish, and More! (Veganized Recipes Book 6)

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Mock Meat: 50 Vegan Meat Substitute Recipes to Soothe the Carnivores Within & Around You - Mock Chicken, Mock Beef, Mock Pork, Mock Fish, and More! (Veganized Recipes Book 6) Veganized Meat substitute (also known as meat analog, mock meat or vegan meat) can now be found in the freezer section of your local grocery store. It's great for those that are having a hard time transitioning to a plant-based diet, who might have days where they're craving for that good old meat flavor and texture. Or for the vegans who live with meat eaters and want to be able to cook for everyone without getting complaints like "Where's the meat?!"

But not every grocery store sells it and most commercially available meat substitute can downright disappoint us taste-wise plus most of the time it's unhealthy and contains highly processed ingredients, which doesn't really belong in a vegan lifestyle.

The good news is, you don't have to settle for what is out there; you can just make it yourself! We've made a recipe book of homemade vegan meat substitute recipes to satisfy the carnivores around and within you. Using different whole food plant-based ingredients we'll show you how to make every kind of meatless meat you can think of, from bacon to pepperoni, meatballs and even fish.

Tags: vegan diet, vegan recipes, vegan cookbook, vegan recipes, raw vegan recipes, raw vegan cookbook, plant based cookbooks, plant based diet, plant based diet cookbooks, plant based diet recipes, plant based recipes, plant based recipe book, plant based eating, plant based cooking, whole food plant based diet, whole food plant based cookbook, vegan meat cookbook, vegetarian meat substitutes, substitute meat, vegan meat recipe book, mock meat recipes, faux meat recipes, faux meat cookbook, meat analog recipes, vegan meat recipes, vegetarian meat cookbook, plant based meat substitute recipes, mock meat cookbook, fakon recipe, veggeroni recipe, vegan meatball recipe, vegan sausage recipe, vegan ground beef recipe, tofurkey recipe, tempeh recipes, seitan recipes, tvp recipe, textured vegetable protein recipes, imitation meat recipes, Meat analogue recipes, Meat analogue cookbook, meat replacement recipes, vegan cooking for carnivores

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