



Easy Paleo Gelatin Treats: 30 healing recipes for gummies, puddings and smoothies

Caitlin Weeks NC

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Easy Paleo Gelatin Treats features over 30 deliciously decadent yet healthy desserts free of grains, dairy, eggs or refined sugar! If you want to satisfy your sweet tooth with desserts that will actually improve your health not make it worse this is the book for you. Kids will love to make these fun jiggly shapes and will scarf them down in no time. Gelatin is well known for its healing benefits for skin, bones, hair, nails and even the digestive tract. The great news is that now gelatin can be tasty too with the Easy Paleo Gelatin Treats Kindle book.

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