



The Too-Busy Book: Slowing Down to Catch Up with Life

Linda Andersen

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The Too-Busy Book: Slowing Down to Catch Up with Life Linda Andersen God Is Not in a Hurry.

So why are we...all the time? If we were created in his image, why are we so determined to move at a pace faster than his? It's time to step on the brakes, slow down, and begin living the unhurried life God wants for us.

If you are like most women today, you may have picked up this book thinking: *I'll take a fast look before getting back to my to-do list. Maybe this will help me get more done.* You're in for a surprise! *The Too-Busy Book* offers both permission and pathways to slow your life down permanently and enjoy the process of living.

Here Is Your Invitation to Exchange Busyness for Bounty.

This collection of reflections, journaling questions, and practical, decision-making helps will gently lead you from frenzied to focused, from busy to balanced. Written in coffee-break length chapters, *The Too-Busy Book* is an irresistible summons to slow down and catch up with the abundant life you were created to enjoy.

"Come away with me," Jesus says, *"and you'll recover your life...I'll show you how to take a real rest.... Learn the unforced rhythms of grace. Keep company with me and you'll learn to live freely and lightly."* (from Matthew 11:28-29, MSG)

If living "freely and lightly" is the first thing you yearn for but the last thing you have time to do, here is a book that will open your heart to God's design for a life both rested and full. Discover his peaceful abundance through:

- Brief but rich *meditations* that will help you to clearly see the many facets of a "too busy" life through Biblical reflections.
- Guided and motivating *reflection sections* that will help you explore your most vivid hopes and plans, your deepest dreams and prayers.
- Clarifying and hope-filled *journaling sections* and *decision pages* that can help you consider the specific ways you are ready to design a life lived in Christ's gentle pace.

The God of the universe is not in a hurry. He's inviting you to dance to his unique and liberating rhythm.

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From reader reviews:

Stan Whitley:

As people who live in typically the modest era should be change about what going on or facts even knowledge to make these people keep up with the era that is always change and progress. Some of you maybe will certainly update themselves by studying books. It is a good choice to suit your needs but the problems coming to an individual is you don't know what one you should start with. This The Too-Busy Book: Slowing Down to Catch Up with Life is our recommendation so you keep up with the world. Why, since this book serves what you want and need in this era.

Phillip Permenter:

Nowadays reading books are more than want or need but also get a life style. This reading routine give you lot of advantages. Advantages you got of course the knowledge even the information inside the book in which improve your knowledge and information. The knowledge you get based on what kind of book you read, if you want send more knowledge just go with knowledge books but if you want feel happy read one having theme for entertaining such as comic or novel. The The Too-Busy Book: Slowing Down to Catch Up with Life is kind of reserve which is giving the reader unstable experience.

Lorraine Vargas:

This book untitled The Too-Busy Book: Slowing Down to Catch Up with Life to be one of several books in which best seller in this year, honestly, that is because when you read this e-book you can get a lot of benefit upon it. You will easily to buy this particular book in the book retailer or you can order it through online. The publisher of this book sells the e-book too. It makes you quickly to read this book, because you can read this book in your Cell phone. So there is no reason to you to past this guide from your list.

Cindy Mattis:

Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you will have done when you have spare time, after that why you don't try matter that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love The Too-Busy Book: Slowing Down to Catch Up with Life, you could enjoy both. It is fine combination right, you still want to miss it? What kind of hangout type is it? Oh seriously its mind hangout folks. What? Still don't understand it, oh come on its referred to as reading friends.

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