



# **Mind Box Set: Pleasure Your Mind + Mind Control + Mind Mapping + Self Hypnosis + Mind Mapping For Kids: Mindfulness: Improve Your Emotional Psychological And Physical State Into Pure Happiness**

*D.D. Tai*

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## **How to Pleasure Your Mind – More Techniques and Stimulating Exercises for your Brain!**

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A sound body needs a sound mind. And we all know for a fact that ur thoughts are a very powerful tool that creates and shapes us to becoming the person that we are meant to be, and most of the time, we do not know how to take advantage of it's potential.

Would you like to reprogram your brain? Are you looking to feed your mind with positivity, and win the battle against harmful thoughts? Do you want to get in touch with your higher self by using your mind?

Start now and **Download *How To Pleasure Your Mind Everyday: 8 Quick And Easy Techniques And Routines That Will Become A Habit In Pleasuring Your Brain To Becoming A Healthier You* for Free!**

**Provoke your thoughts with these techniques and you will never be the same again!**

## **Just Released - Stop Negativity and let Positivity take over your life!**

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Are you consumed by negative thoughts? Do you feel deprived from happiness by pessimism? Would you want to put a stop to it and experience breakthrough from negativity?

We know you do! *Mind Control Over Negative Emotions And Thoughts: How To Eliminate Negative Self-Talk And Permanently Stop Negative Feelings From Overtaking Your Daily Life* will help you rewire your thoughts and get you to live a life full of joy and peace that is meant for you!

Negativity starts in the mind and this book will show you how to divert it from bad to good!

So kick-out all the negativity and **Download *Mind Control Over Negative Emotions And Thoughts: How To Eliminate Negative Self-Talk And Permanently Stop Negative Feelings From Overtaking Your Daily Life* NOW for FREE!**

*Quick & Easy Techniques to Mind Mapping: Discover How Easy It Is To Retain More Information And Completely Understand What You're Reading And More* teaches you what mind mapping is, how it is used, and what techniques you can try. You'll learn the many benefits of mind mapping, such as:

- Improved Memory
- Better Note-Taking Skills
- Increased Reading Speed and Comprehension
- Goal-Setting and Planning
- Painless Presentation Preparation
- Efficient Project Management

**Does the idea of organizing your thoughts make you anxious? Is the process of brainstorming just overwhelming? Does it seem like the mess never goes away, no matter how much you try to organize your ideas?**

This book helps you get it all under control with a simple and efficient system. You'll learn how to make your confusion and frustration disappear. It even describes the various software programs you can use to get the most from your mind!

**Download *Quick & Easy Techniques to Mind Mapping: Discover How Easy It Is To Retain More Information And Completely Understand What You're Reading And More* now, and start learning the best ways to use your brain!**

*Self Hypnosis for Beginners 2ND EDITION* explains what hypnosis is, how it works, and the many benefits you can gain from it. This helpful book teaches you how hypnotizing yourself can help you **deal with severe pain, fight depression and anxiety, manage addictions, boost your self-confidence, and lose weight!**

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