



# The Art of Dying: Facing Your Own Death

*Patricia Weenolsen*

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## **The Art of Dying: Facing Your Own Death** Patricia Weenolsen

“*The Art of Dying* speaks to modern readers with refreshing frankness and wit. It covers the subject thoroughly, from how to inform relatives of impending death, to coping with pain and fear, to death rituals, to preparing for a possible afterlife or, depending on one’s viewpoint, the end of it all.” —*Publishers Weekly*

“Along with our caring presence, this book may be the finest gift we can give someone facing the last stage of life.” —Rabbi Harold Kushner, author of *When Bad Things Happen to Good People*

“Dr. Weenolsen . . . doesn’t duck the tough questions.” —M. Brewster Smith, PhD, former president, American Psychological Association

“This book gives the same things a good support group does—compassionate sympathy and practical advice for people sharing pain. It will be a godsend.” —Rebecca Brown, author of *Gifts of the Body*

“Begins with ‘the day you receive the diagnosis’ and the sudden realization that ‘never again will you be as you were. Even if by some miracle you heal, it will be only temporary.’ Weenolsen takes the panic and paralysis out of such news through wise, aggressive, no-holds-barred approaches.” —Patricia Holt, *San Francisco Chronicle*

“A book everyone can benefit from reading.” —Nancy Pearl, author of *More Book Lust*

“Also for family and friends of dying persons, for professionals in the health-care fields, and for those who train them.” —Hannelore Wass, PhD, founding editor, *Death Studies*

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People live in this new moment of lifestyle always attempt to and must have the extra time or they will get large amount of stress from both everyday life and work. So , once we ask do people have extra time, we will say absolutely sure. People is human not just a robot. Then we request again, what kind of activity are there when the spare time coming to a person of course your answer can unlimited right. Then ever try this one, reading textbooks. It can be your alternative in spending your spare time, often the book you have read is usually The Art of Dying: Facing Your Own Death.

#### **Micheal Summers:**

Playing with family inside a park, coming to see the ocean world or hanging out with buddies is thing that usually you have done when you have spare time, and then why you don't try thing that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love The Art of Dying: Facing Your Own Death, you may enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh can happen its mind hangout fellas. What? Still don't buy it, oh come on its called reading friends.

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