



Myofascial Syndromes & Trigger Points (Shock Wave Therapy in Practice)

Markus Gleitz

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The series "Shock Wave Therapy in Practice" continues with this volume about the application of shock waves in muscles - a novel form of treatment. This work of reference offers orthopaedists, specialists in sports medicine and muscle therapists a practical guide on the treatment of trigger points and myofascial pain syndromes using extracorporeal shock waves. The book initially presents the physical principles of shock waves and also describes pathophysiological aspects, as well as the causes of muscular pain, before it goes on to cover the diagnostic and therapeutic possibilities of using radial and focused shock waves on muscles in a comprehensive and practical manner. The author, Dr. Markus Gleitz, specialist in orthopaedics, is an expert in the area of shock wave therapy, thanks to years of practical experience with different shock wave systems. The book contains recommendations for treatment of the most commonly affected muscles, with user photos and a number of examples from the field. It is available in German and English. "Myofascial Syndromes & Trigger Points" is the second volume in the series "Shock Wave Therapy in Practice". The first volume from publishing house Level10 is entitled "Enthesopathies".

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