



10 Ultimate Truths Girls Should Know

Kari Kampakis

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These 10 simple truths can build one *big* change in your daughter's life.

When Kari Kampakis wrote a blog post titled "10 Truths Young Girls Should Know," the post went viral and was shared 74,000 times on Facebook and pinned 20,000 times on Pinterest. Obviously her message strikes a chord. This nonfiction book for teen & tween girls expands on these 10 truths and can reach the hearts of both mothers and daughters.

Teen girls deal daily with cliques, bullying, rejection, and social media fiascos. Kari wants girls to know that they don't have to compromise their integrity or their future to find love, acceptance, and security. Her 10 truths include:

- Kindness is more important than popularity.
- People peak at different times of life. Trust God's plan for you.
- Get comfortable with being uncomfortable. Otherwise, you'll never stick to your guns.
- Today's choices set the stage for your reputation.
- You were born to fly.

Fans of Kari's blog and newspaper column will not want to miss her first book. Filled with practical advice, loving support, and insightful discussion questions, *10 Ultimate Truths Girls Should Know* is a timely and approachable list of guidelines that will help young girls navigate a broken world and become the young women God made them to be.

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Jonathan Woods:

As people who live in the particular modest era should be change about what going on or details even knowledge to make them keep up with the era that is always change and advance. Some of you maybe may update themselves by looking at books. It is a good choice for you but the problems coming to an individual is you don't know what kind you should start with. This 10 Ultimate Truths Girls Should Know is our recommendation so you keep up with the world. Why, as this book serves what you want and want in this era.

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