

WHY ARE YOU FAT? And what to do about it: Goodbye Fat Hello Sexy Body

Jean Luc Lafitte



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WHY ARE YOU FAT? And what to do about it: Goodbye Fat Hello Sexy Body Jean Luc Lafitte Are you fed up with Yo-Yo diets year after year? Do you want to lose weight and keep it off. Then this is the book for you, straight to the point covering the truth about weight loss, and what the diet industry does not want you to know.



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