



Clinical Psychology: Topics in Applied Psychology

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Topics in Applied Psychology will provide you with the tools you need to engage with, enjoy and understand your applied psychology discipline, ultimately ensuring confidence and success in exams as well as a comprehensive grounding in the profession.

Clinical Psychology provides an overview of both the academic and professional aspects of this field. The book is split into five clear sections: background, working with children and families, adult mental health, clinical neuropsychology and learning disabilities. Section one answers the question, what is clinical psychology?, explains the general principles of clinical practice and outlines the structure of current mental health service provision. Section two covers mental health issues involving work with children and families, such as childhood anxiety and depression and autistic spectrum disorders. Section three looks at adult mental health problems, such as anxiety, eating and personality disorders, depression, psychosis and their treatment. Sections four and five treat clinical neuropsychology and learning disabilities. Evidence-based research is included throughout to provide a balanced view of current theories addressing the origins of psychopathology, and treatments and interventions are evaluated to provide a broad and balanced view of the field. The integrated and interactive approach, combined with the comprehensive coverage, make this book the ideal companion for courses in applied clinical psychology.

Other books in the series include: *Criminal Psychology*, *Educational Psychology*, *Health Psychology*, *Organizational and Work Psychology* and *Sport and Exercise Psychology*.

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